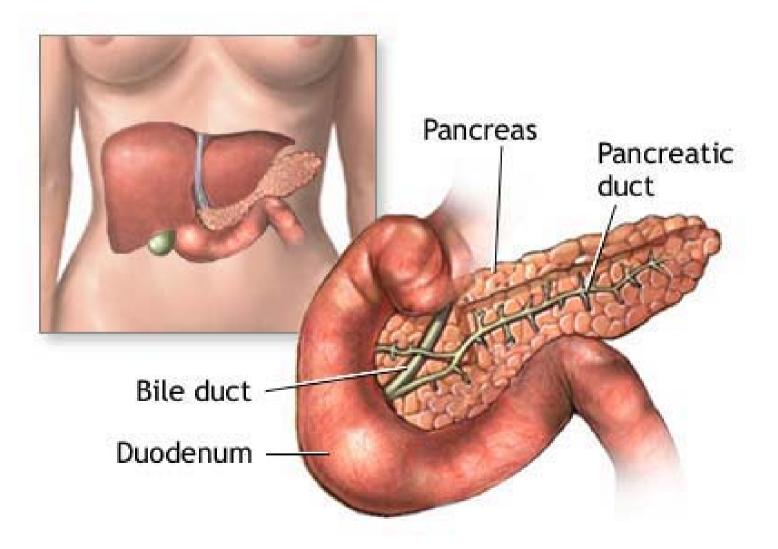
Chapter 15 Gastrointestinal System

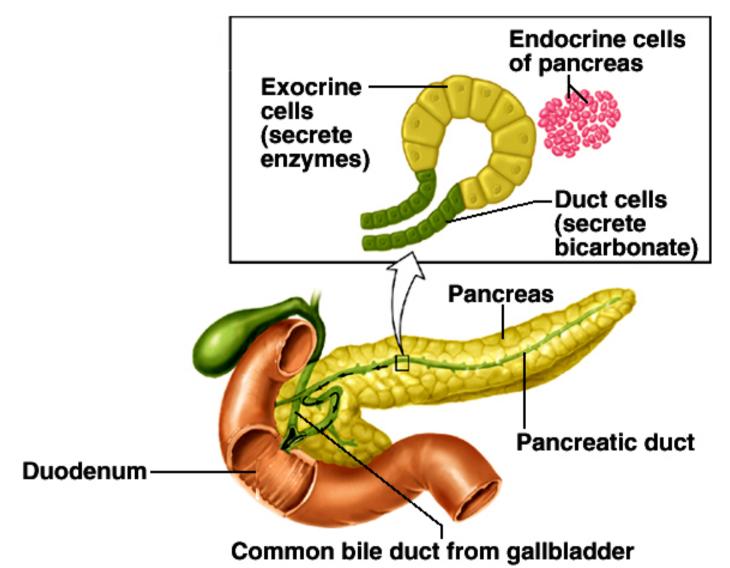


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Pancreatic Secretion



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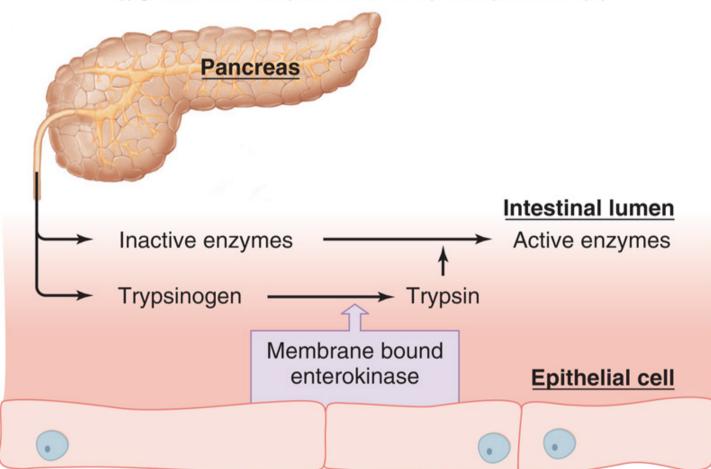


The exocrine cells in the pancreas play a central role in the production of digestive enzymes; the endocrine functions of the pancreas will be discussed at length in Chapter 16.

(I) Pancreatic juice

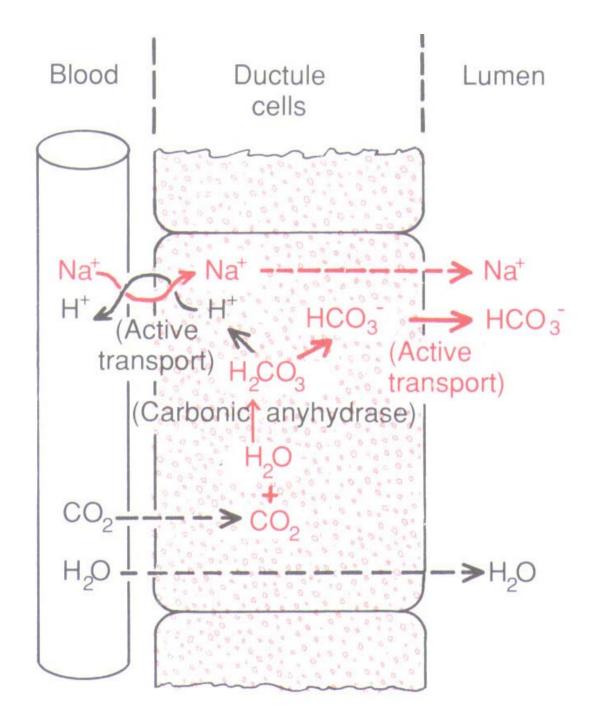
- pH 7.8~8.4
- ~1500 ml/day
- Isosmotic
- Components:
 - Pancreatic digestive enzymes: secreted by pancreatic acini
 - Sodium bicarbonate: secreted by small ductules and larger ducts

Were digestive enzymes synthesized in their active form, they would digest the very cells that make them. Hence, inactive precursors (e.g., trypsinogen) become activated (trypsin).

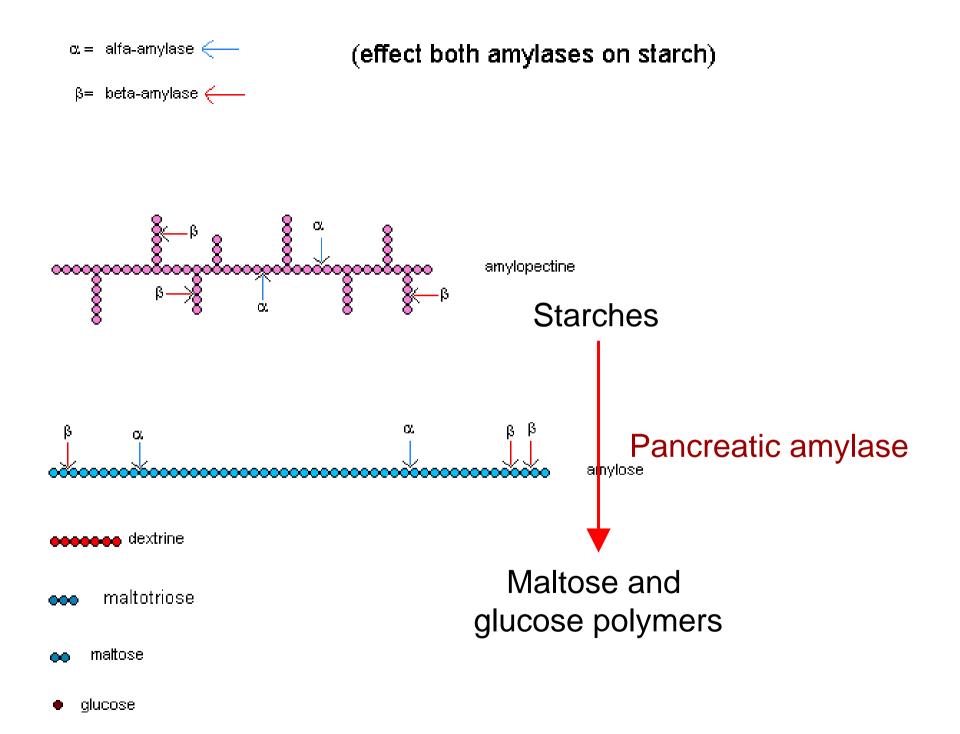


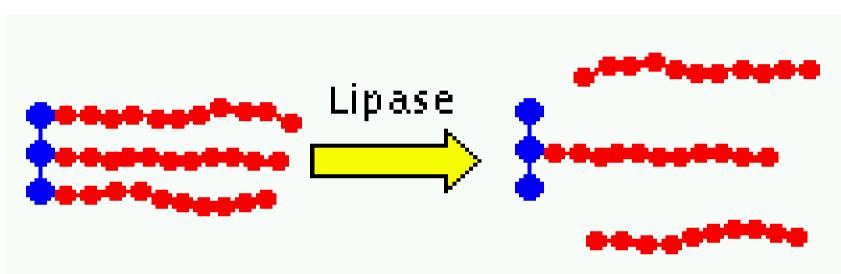
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- Secretion of bicarbonate ions
 - Secreted by the <u>epithelial cells</u> of the ductules and ducts that lead from acini
 - Up to 145mmol/L in pancreatic juice (5 times that in the plasma)
 - Neutralizing acid entering the duodenum from the stomach



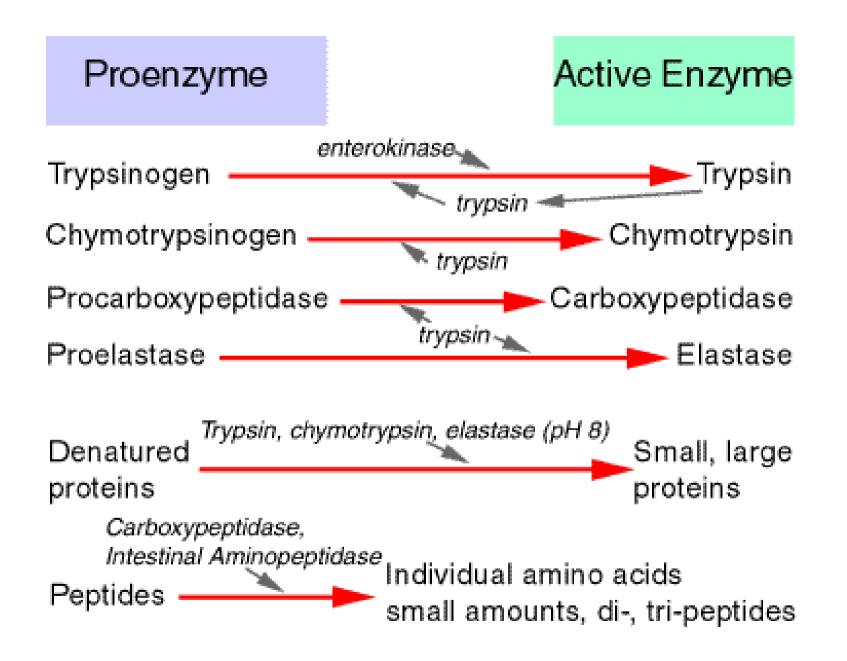
- Secretion of pancreatic digestive enzymes
 - Carbohydrates -- Pancreatic amylase
 - Fat
 Pancreatic lipase
 Cholesterol esterase
 Phospholipase
 - Proteins
 Procarboxypolypeptidase
 - Proelastase

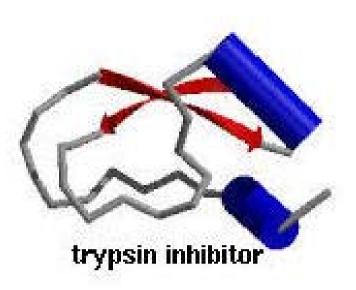




Triglyceride

Monoglyceride and fatty acids



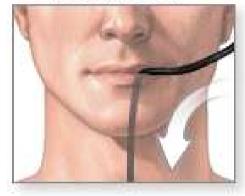


• Trypsin Inhibitor

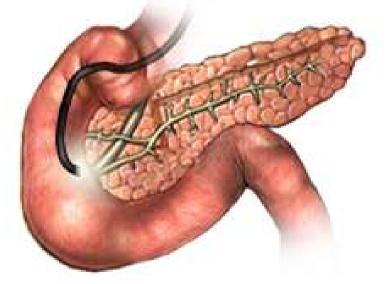
 Inhibits the activity of trypsin and thus guards against the possible activation of trypsin and the subsequent <u>autodigestion</u> of the pancreas

Acute pancreatitis

Endoscope inserted into mouth



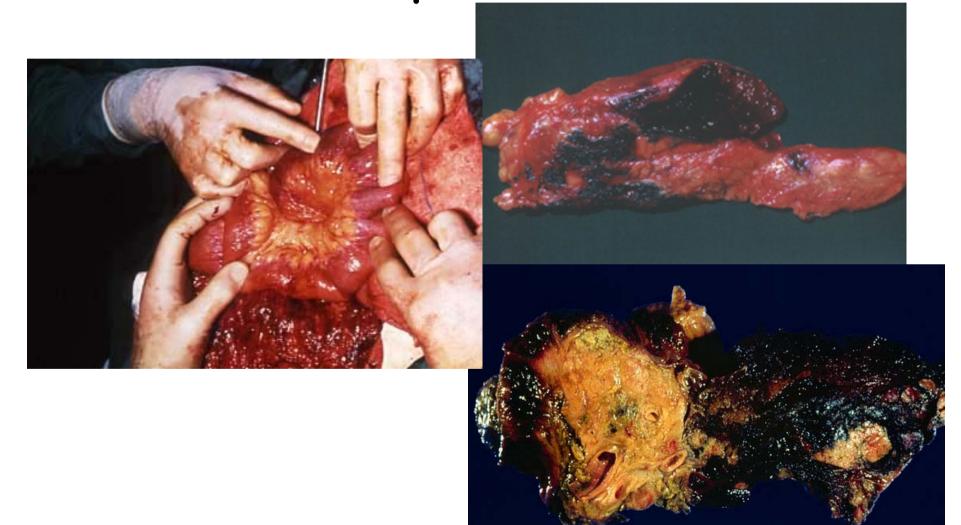
Endoscope travels through gastro-intestinal tract until reaching point of blockage



- Gallstone seen through endoscope

adam.com

Acute pancreatitis

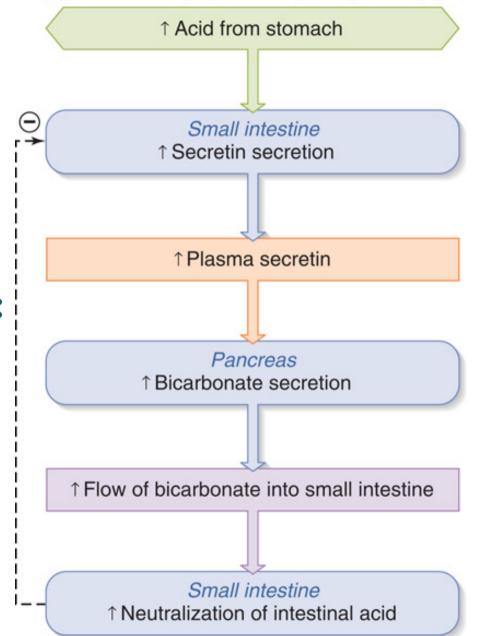


(II) Regulation of pancreatic secretion

- Basic stimuli that cause pancreatic secretion
 - Ach
 - Cholecystokinin:
 - Secreted by I cells
 - Stimulates the acinar cells to secrete large amounts of <u>enzymes</u>
 - Secretin:
 - Released by S cells
 - Acts primarily on the duct cells to stimulate the secretion of a large volume of solution with a high $\underline{HCO}_3^{=}$ concentration

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Secretin's receptors are found in the pancreas, which responds with additional bicarbonate delivery: gastric motility and secretion are inhibited.



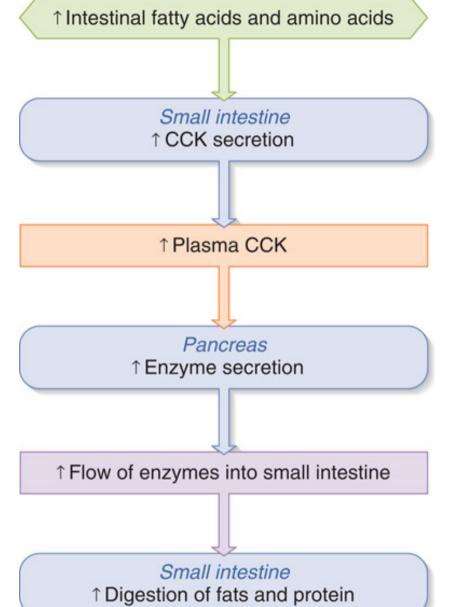
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Cholecystokinin's receptors are located:

• <u>in the pancreas</u>, which responds with additional enzyme delivery

• <u>in the gallbladder</u>, which contracts to deliver more bile

• <u>in the sphincter</u> <u>of Oddi</u>, which relaxes to facilitate delivery of the enzymes and bile salts

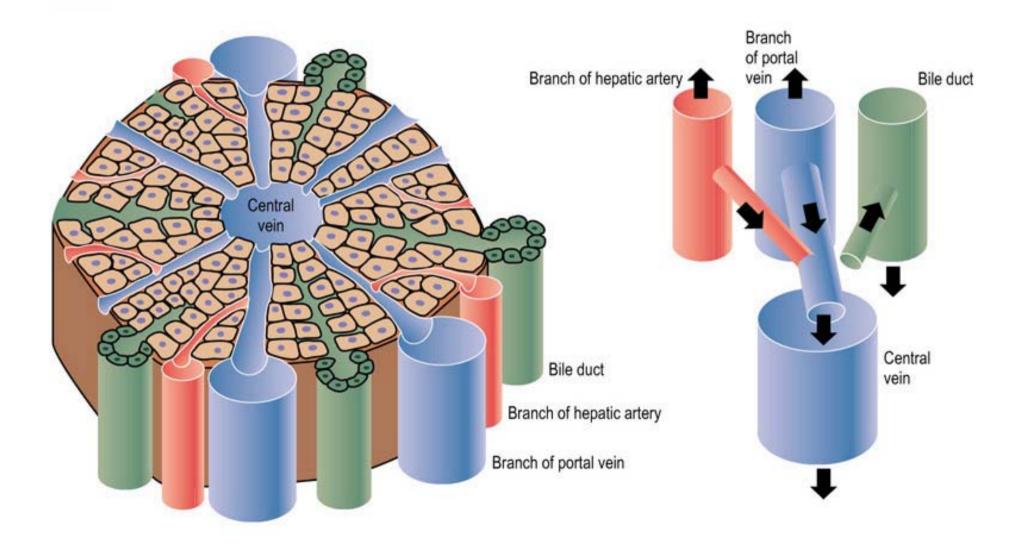


- Phases of pancreatic secretion
 - <u>Cephalic Phase</u>: taste of food- 'long' parasympathetic pathways
 - <u>Gastric Phase</u>: distension of stomach- 'long'

parasympathetic reflex pathways

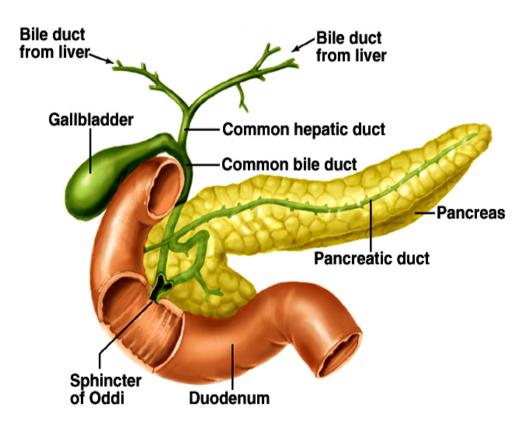
- Intestinal Phase
 - The most important regulators are <u>CCK and secretin</u>
 - Acid, fats, amino acids, peptides and protein are the main stimulus for pancreatic production and secretion

Bile Secretion and Liver Function



Composition of bile

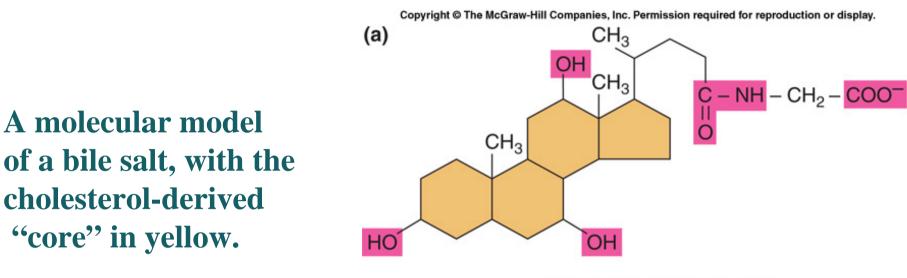
- HCO₃-
- Bile salts
- Lecithin
- Cholesterol
- Bile pigments
- Trace metals ...



Function of bile

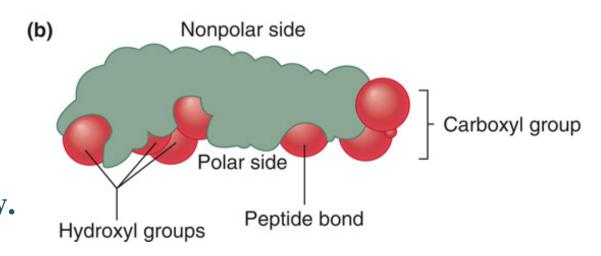
(1) Bile are critical for digestion and absorption of fats and fat-soluble vitamins

– Bile salts are facial amphipathic

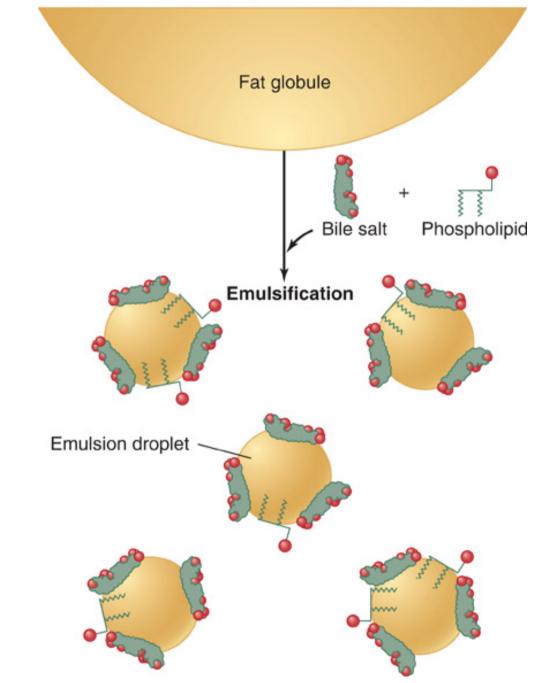


Bile salt (glycocholic acid)

A space-filling model of a bile salt. The non-polar surface helps emulsify fats, and the polar surface promotes water solubility.

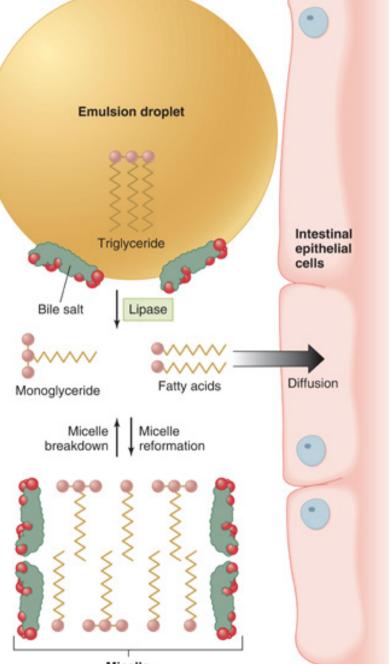


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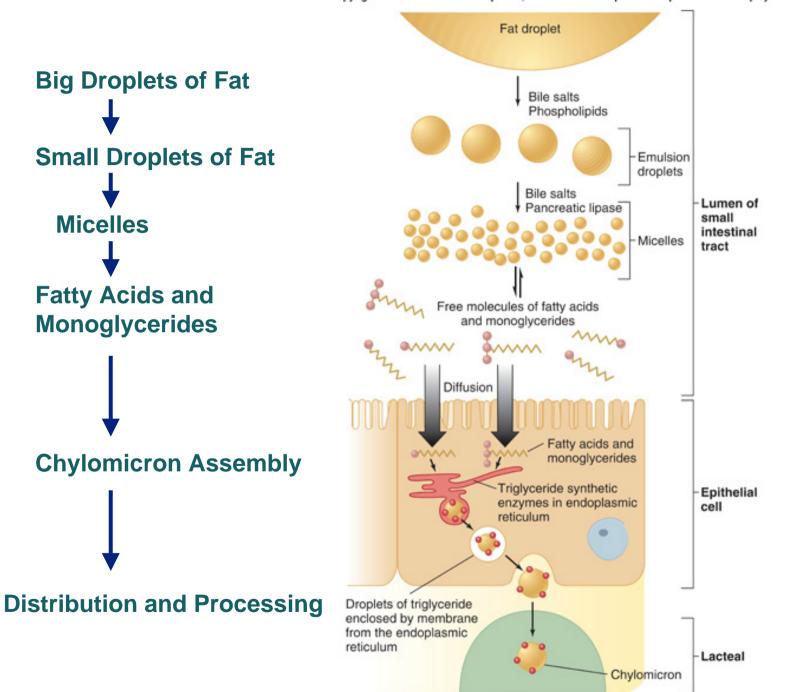


Bile salts and phospholipids convert large fat globules into smaller pieces with polar surfaces that inhibit reaggregation. ---- Emulsification

Emulsified fat globules small enough that lipas enzymes gain access to degrade triglycerides to monoglycerides and fatty acids



Micelle



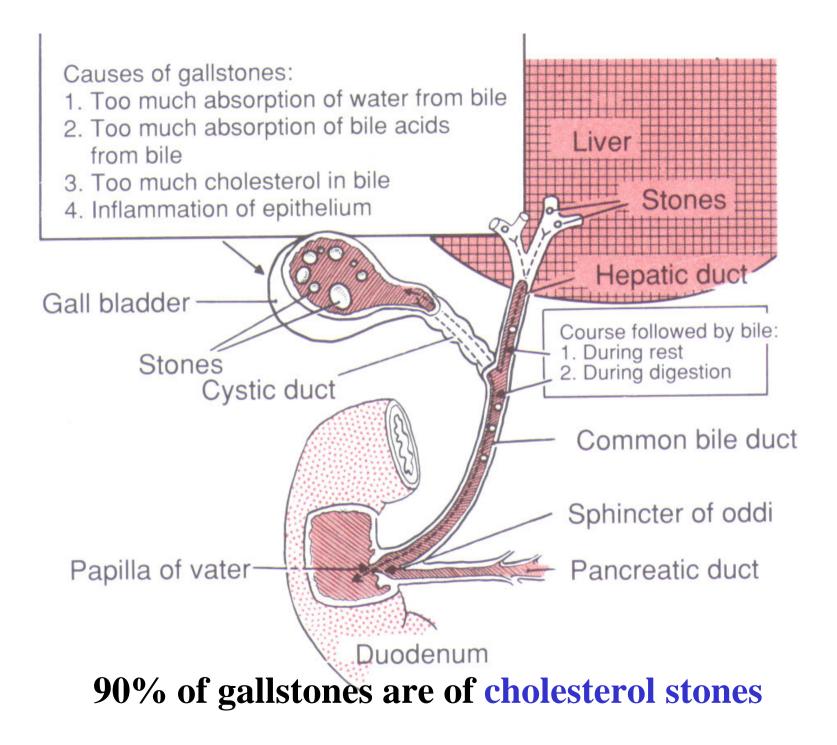
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(2) Eliminate many waste products

- Excrete bile pigments or drug metabolites



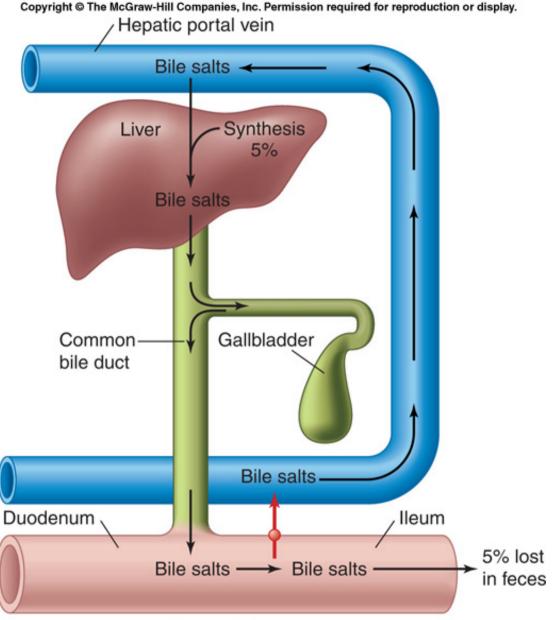
Bilirubin (useless and toxic breakdown product of hemoglobin)



(4) Increasing bile synthesis & secretion Up to 95% of the cholesterol-based bile salts are "recycled" by reabsorption along the intestine.

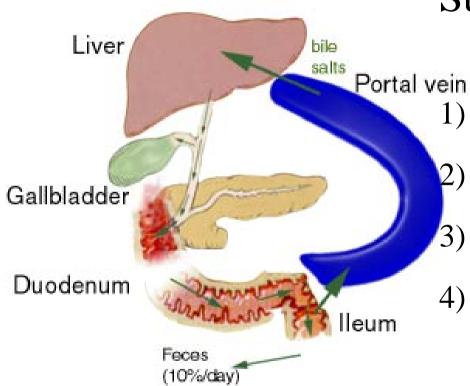
> Enterohepatic circulation

(5) neutralize the stomach acid



Small intestine

Regulation of bile secretion



Substances increasing bile production ^{ein} 1) Bile salts

- Secretin
- Cholecystokinin
- parasympathetic input

Small Intestine

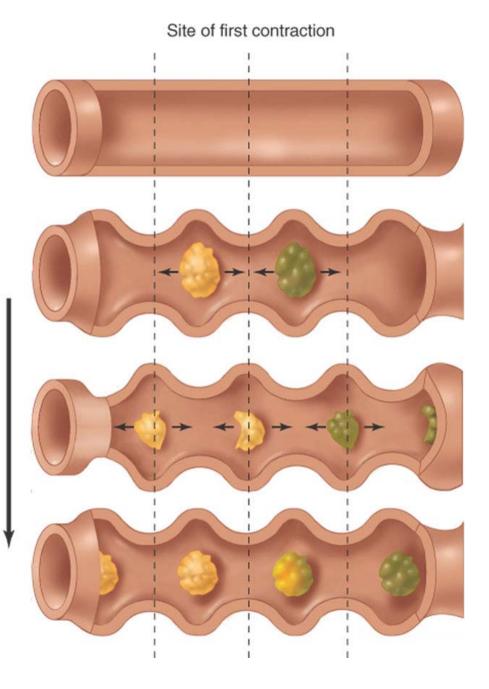
•Secreted by Brunner's glands of duodenum

- •pH 7.5-8.0
- •1~3 L/day

•Isosmotic

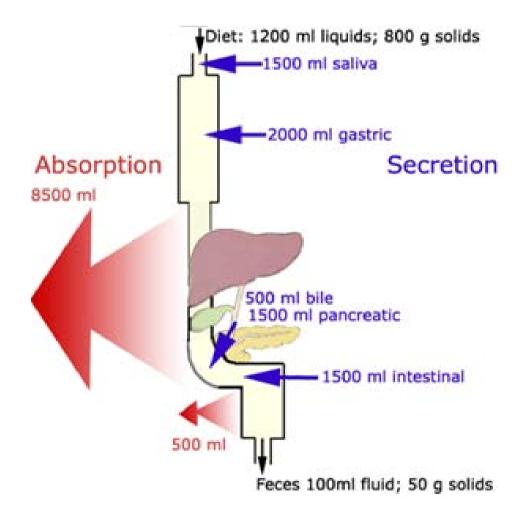
- Components
 - $-H_2O$
 - Electrolytes (Na⁺, K⁺,
 Ca²⁺, Cl⁻)
 - Mucus
 - IgA
 - Enterokinase

Most of the contractions of the small intestine are of the mixing and churning actions portrayed here as <u>segmentation contractions</u>; peristalsis and the downstream movement of materials is infrequent.



Absorption in the gastrointestinal tract

(I) Basic principle of absorption



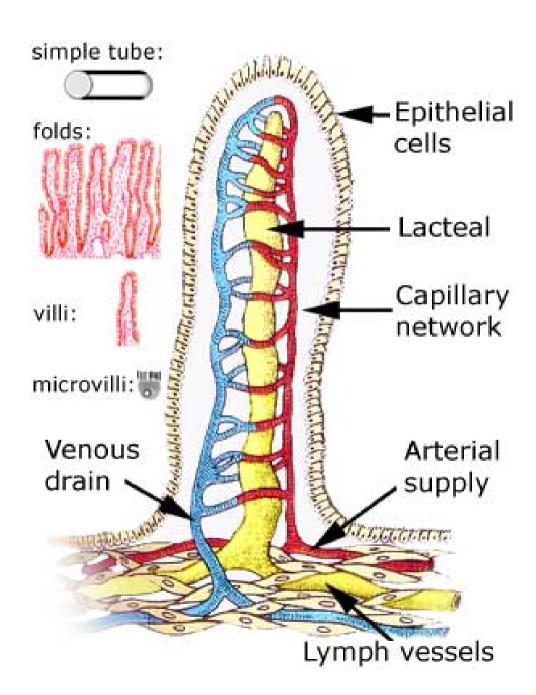
Almost all absorption

of nutrients occurs in

the small intestine

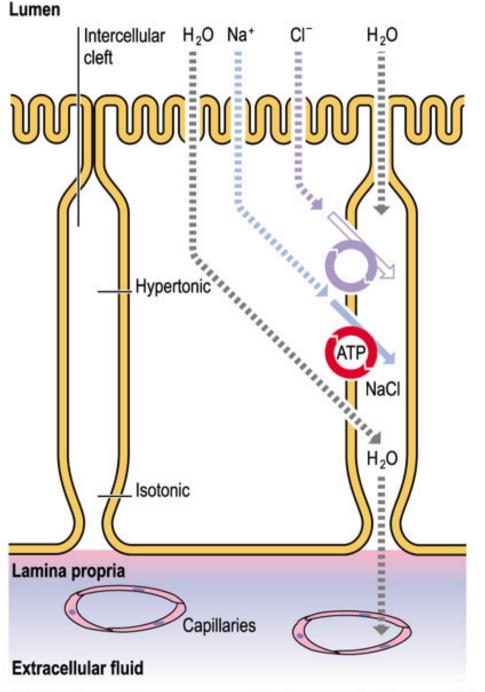
Absorptive
 surface of small
 intestinal mucosa

- Total area of 250 m²:
 - Folds: 3-fold
 - Villi: 10-fold
 - Microvilli: 20-fold



2. Absorption pathways

- transcellular route
- paracellular route



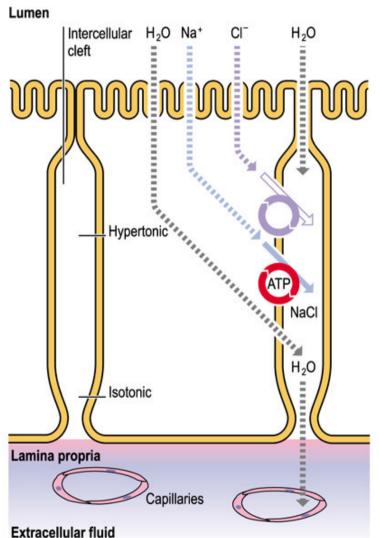
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3. Absorption mechanisms

- Active transport
- Diffusion
- Solvent drag

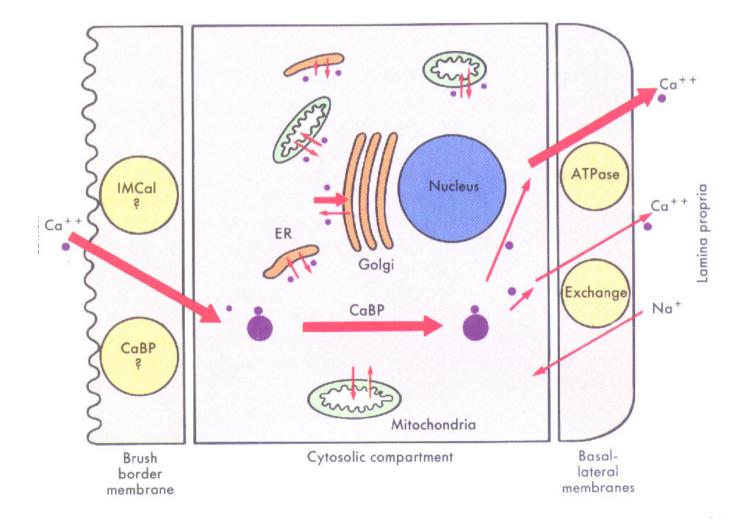
(II) Absorption of major nutrients

- 1. Water and Electrolytes
 - H₂O: osmosis, diffusion
 - Na+:
 - Cotransporter
 - Carrier-mediated facilitated diffusion

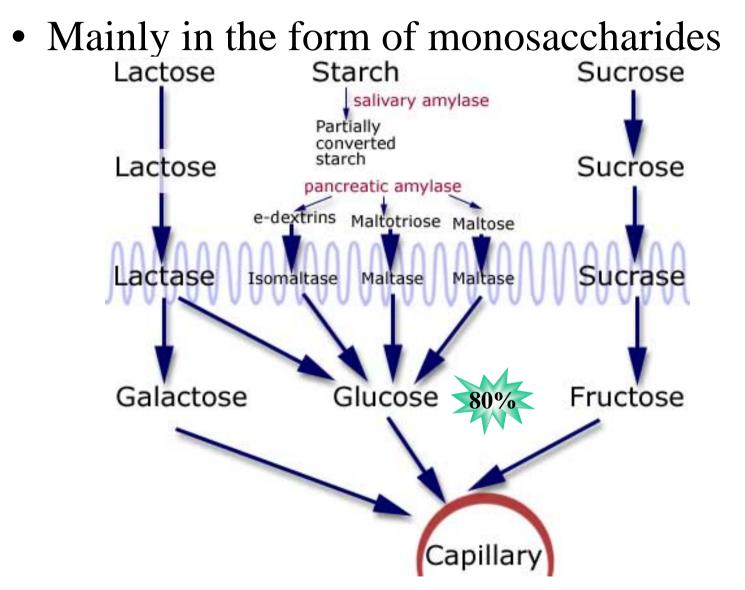


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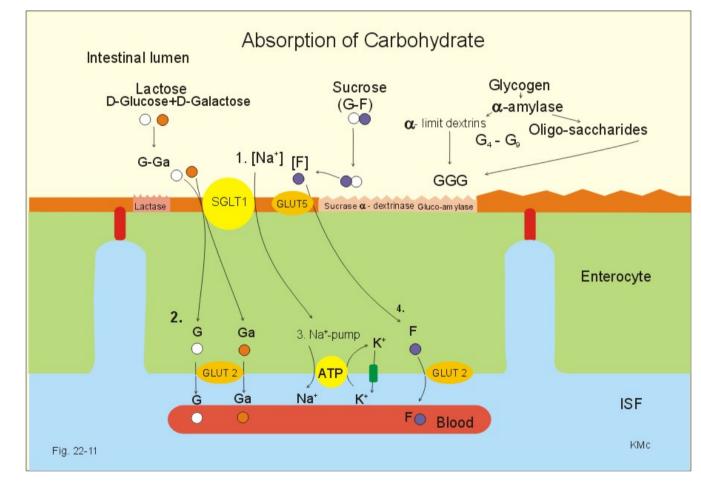
$$- Ca^{2+}: Ca^{2+}$$
 pump



2. Carbohydrates

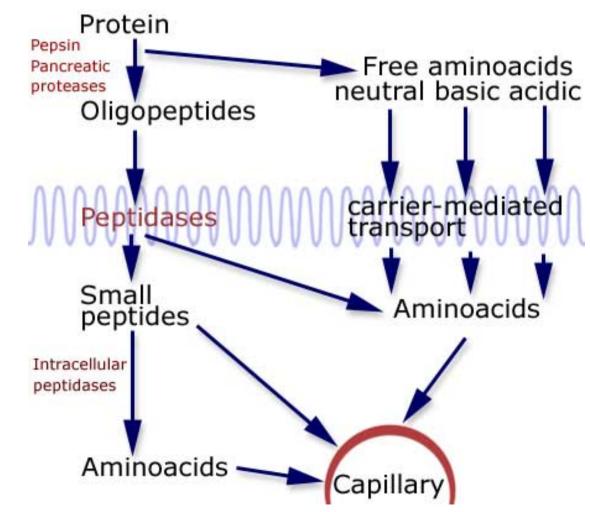


 (1) Glucose and galactose: Secondary active transport (cotransport with sodium)
 (2) fructose: facillitated diffusion

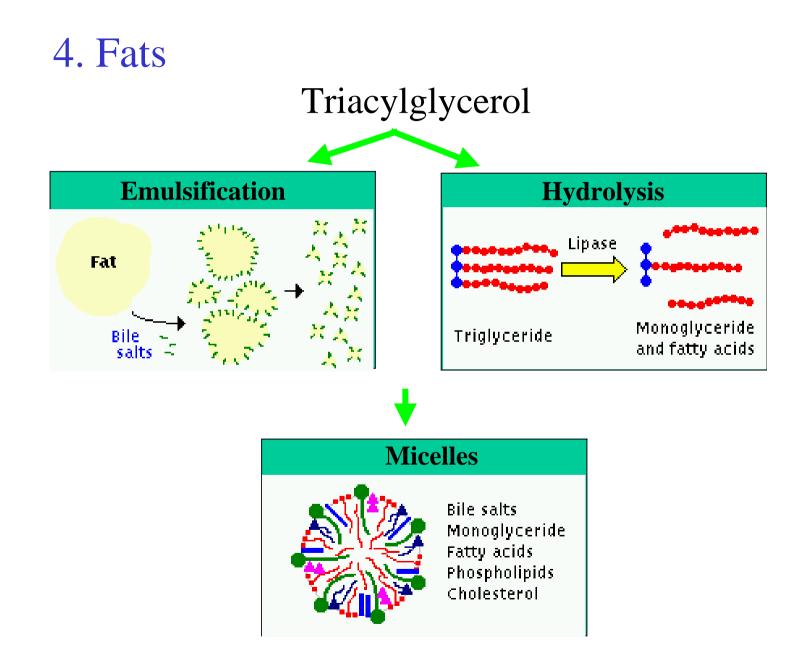


3. Proteins

• In the form of dipeptides, tripeptides and a few free amino acides



- (1) Amino Acids and Peptides : Secondary active transport
- (2) A few amino acids: facilited diffusion



Triglycerides 223 222 Bile salts Pancreatic ipase Free fatty acids Monoglycerides Micelles \mathcal{D} Chylomicron Lacteal

- (1) Absorption through lymph duct to the circulatory blood
 - fatty acids and monoglycerides → micelles bump into epithelial cell→ form new triglycerides →transport in lymph chylomicron →lacteal

(2) Direct absorption into the portal blood

• Short- and medium chain fatty acids (more water-soluble)

Summary

- Pancreatic secretion (including the composition and physiological function of the pancreatic juice, the regulation of pancreatic secretion)
- Biliary secretion (including the composition and physiological function of the bile)
- Absorption in the small intestine
- Describe the digestion of carbohydrates, proteins and fat

Intensive reading

- Textbook of Human Physiology
 - P601-610

